

# The MC Voicing

## Hiking 101: All In—Almost

When I was in the process of choosing a physical activity class, I didn't know much about hiking. To be honest, I chose this class only because it fit in my school schedule.

In the beginning I thought that it was going to be a boring class, but my expectations were wrong.



The first class was September 16th, 2013 an introduction to the hiking environment. It was during this time we learned that we needed to bring a backpack with some simple supplies, and how to handle ourselves in a situation with a wild animal, like a bear. I enjoyed this class and I started to see that this was going to be an adventure.

On our first hike I couldn't believe how beautiful the area was. The hike was not long and it was a combination of simple and difficult areas. All this hard work was worth it when you got to the top of the mountain, and all you could do was enjoy the environment.

(Continued on pg. 3)

### Special points of interest:

- ✓ TLC Welcomes Maureen Milligan
- ✓ Gold's Gym Memberships given to Students.
- ✓ MC Voice hosts the first, annual Chili Cook-off
- ✓ OrgSync will connect you to all CMU Student Life Clubs!

## Join the Tutorial Learning Center

Hello, Montrose students, faculty, and staff. The Tutorial Learning Center is pleased to introduce our newest tutor, Christine Deter. Christine is a current student on the Montrose campus and is excit-

ed about the opportunity to help other students. She will be tutoring...

(Continued on pg. 2)

### Inside this issue:

Tutorial Learning Center	2
Montrose Campus to Expand	2
Student Discounts	2
MC Voice	3
ASG Update Technology	4
Campus Calendar	5
Fas-Growing Extension	6

## Montrose Campus to Expand

Colorado Mesa University at Montrose is growing, thanks to a recent campus expansion. The two-story, 3200 square-foot extension of the current CMU Montrose campus is located at 245 S. Cascade Avenue, just be-

yond the street from the existing academic center. Although the facility's current leaseholders, Edward D. Jones & Co., are to stay in one-third of the building, the university side remains private and accommodating for both students and staff.

The development will provide the campus with a secondary meeting room, an area for student organizations to gather, and a student lounge that doubles as a tutoring area. It will also contain several

(Continued on pg. 2)

## Tutorial Learning Center

(Continued from pg. 1)

...a plethora of classes including: History 101 and 132, English 112 and below, Psychology 150 and 233, and Computer Information 101. Christine will work Monday through Thursday from 1:00 PM to 4:00 PM (1:00 PM to 3:00 PM on Wednesday). Talk to Christine if you need tutoring on Friday.

All of us at the TLC and Montrose staff would like to thank Maureen Milligan for all of her help with Math tutoring at Montrose. She has been gracious enough to volunteer to help students during our search to hire

new math tutors. If you have had tutoring from Maureen, please tell her thank you and let her know of your appreciation.

Are you a student of CMU attending class at Montrose? Do you enjoy helping fellow students? Why not become a tutor? Tutoring

is a great way to help your peers and hone

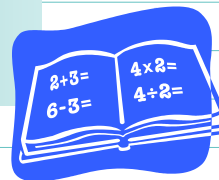
your own skills—and you get paid! The Tutorial Learning Center is still searching for qualified students to become math and/or English tutors. To become a tutor a student must have a 2.7 GPA, a grade of A or B in each class they wish to tutor, and a faculty recommendation for each subject (i.e. one for math, one for English, etc.). Students interested in tutoring can pick up an application from the Administration Office on the Montrose campus.

Have a great semester!

--Darell Diedrich

Coordinator of Tutorial Services

**Math Tutors  
Now Available!**  
Stop by the office for details.



## Student Discounts

The Montrose campus community is all about giving back. Here are a list of businesses who are sincere about helping students through their educational career by offering them a discount.

- [Montrose Recreation District:](#) Annual aquatic center membership: \$180
- [Montrose Daily Press:](#) Deeply discounted yearly subscriptions: print delivery to your home for \$65/yr or digital edition daily for \$30/yr.
- [Starvin Arvins:](#) 10% Discount
- [True Grin Dental Hygiene Services:](#) 15% discount off any dental hygiene procedure. Call for an apt. 970-417-9781.

## (Continued From pg. 1): Campus Expansion

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...offices for student advising, and other services.

CMU President Tim Foster called the Montrose campus a "critical access point for students to earn a higher education in western Colorado," and stated that partnerships with the City of Montrose and other vital contacts aided the university in procuring the building. He added that the acquisition is going to "dramatically boost" the university's efforts to serve its students.

Colorado Mesa University funded \$400,000 toward the acquisition, and an

additional \$50,000 was donated by the City of Montrose. "This is a great example of how CMU is working with the City of Montrose and Montrose County, to expand CMU's campus in Montrose, and to better meet the needs of our students and of the region," stated

Dana Nunn, Colorado Mesa University spokesperson.

Facilities are to remain temporarily unavailable, while renovations occur.

--Manda Martinez

MC Voice Secretary / Editor



The public listens as Montrose Campus Advisory Council President, David Reed, announces CMU's acquisition. Reed stands beside Mayor Judy Ann Files and CMU President Tim Foster.

## MC Voice To Host Upcoming Chili Cook-Off

Hi CMU students,

MC Voice President Marcoe here hoping all you students have had a great first few weeks. I also wanted to thank the students who came out for our Free Pizza Gathering on August 23rd. Several ideas and questions about the Montrose campus bounced around, good social conversations, and no one left hungry. A good time was had by all.

for your campus. If you can't make it to the gathering, but have something to say, drop any officer an email (officer's email addresses found on page 6). We will bring it up and see what we can do.

Mark your calendars for October 16th, two big events are happening on this day.

**Chili Cook-off on  
October 16th!**

**\$1 Admission.**

choose the winner and runner-ups. The top three winners will receive small token awards and the first place winner will also

have the distinction of the best chili on campus. We are also looking for chili entrees. If you think you

Our next gathering will be September 27th.

It will be held earlier than usual; 1:30 to 2:30 p.m. We are considering having

an open-mic night or possibly a poker or bingo night. If you have any ideas, please email me at [emarcoc@mavs.coloradomesa.edu](mailto:emarcoc@mavs.coloradomesa.edu). Either way, please come and ask your questions or give ideas on what you think might be good

**MC Voice Student  
gathering on  
September 27th.**

First, the front office will be holding a Community Resource Night, and second, MC Voice will be holding--

what we hope will become an annual event—a Chili Cook-off at the same time. Stop on by for both events. First you can discover what is happening in your community, then for \$1 you can taste all the chili you would like and vote for the best one. Your votes will

or someone you know has a chili recipe that could give the other contenders a run for their money, we would love to have you enter. Please contact me before the next MC Voice gathering if you would like to enter. Keep an eye out for the time of these events and please come to support your campus.

See you around campus.



## (Continued from Page 3) Hiking 101: All in—Almost

(Continued from pg. 3)

The second hike was very similar. As we hiked to the top, I saw many beautiful waterfalls that reminded me of something I have seen on National Geographic. It was great to get out and explore nature, especially on the Blue Lakes hike, where half the class jumped in the frigid waters—including Gary West and Director Montoya. It was definitely worth the challenge to get there!

I knew that we would be going into the

mountains, so I tried to prepare myself by checking the weather forecast. Each time, the meteorologist called for rain, and I expected to become wet and miserable. As we got to the trails, however, the weather was great, and it showed me how unpredictable the weather is in Colorado.

I have met a lot of new people, and have made many new friends! I can't wait for the third hike that

promises to be more beautiful and more challenging.

-Sergiu Zaporozjan



# Technology Tips and Tricks

## Electronic Resources

With constant texts, tweets, blips, chimes and “you’ve got mail,” it is hard not to deny that we live in a highly technological era.

Last issue we talked about the importance of Mav-Zone, Academic Search Complete and D2L, but what about the other resources we can use?

**Use Quizlet.com for flashcards, quizzes and fun games—on the go!**

There are an abundant amount of resources out there that can be extremely helpful throughout your educational career. In this issue, I will introduce two more: Quizlet, and OrgSync.

Quizlet is a must-see website for those of you who want to excel in class. “Our mission is to build beautiful, simple software that helps students learn,” according to the quizlet website.

Quizlet is an easy, simple and efficient way to store your flashcards to “quiz” yourself later. Simply go to [www.quizlet.com](http://www.quizlet.com), sign up and start using! Here, you can search for vocab sets or make your own. You can even setup a classroom in order for classmates to join and share.

At Quizlet, you can test yourself, flip through flashcards, play scatter or race games and more. Over 900,000 students use quizlet each day, according to Andrew Sutherland, Quizlet’s young founder.

OrgSync is the newest social network program to Colorado Mesa University Student Life. Here, students can check out student life clubs, read about the happenings around campus, as well as receive texts or email alerts with current information, such as where the next bingo game will be held.

The MC Voice is on [www.OrgSync.com](http://www.OrgSync.com). Come on over and check us out today!

-Senator Shull

**Get MC Voice text alerts through**

**OrgSync**

**Sign up now & find out how!**

## Montrose ASG Update



**COLORADO MESA UNIVERSITY**

Hello, Montrose Campus!

I would like to congratulate those who responded to our public announcements this month, and are now one of seventy-five student members at Gold’s Gym.

Associated Student Government (ASG) President Ariel Diamond states that CMU is committed “in providing our students with tools and facilities that develop a well-

rounded life.”

Throughout the summer, the ASG looked at ways to increase resources at the Montrose campus—specifically with student life. Fitness became a high focal point.

Due to the great success of our initial pilot program at High Country Fitness—partially attributed to CMU fitness instructor, Tammy West—the ASG was able to implement a second, larger pilot program with Gold’s Gym.

Though the program only houses a small percentage of the Montrose Campus, only your support in this program will provide for future expansion. The pressure is on.

What is next for the Montrose Campus? President Tim Fos-

ter has asked us to work on a transportation proposal, connecting both the Montrose and Grand Junction campuses. I have contacted transit companies throughout the valley, and have not received an interest. Our next step will be to establish an in-house transportation system proposal; however, this will require more work.

If you are interested in working with me on this proposal, please feel free to get in touch (email addresses found on pg. 6).

Respectfully,  
-Senator Mike Shull

## The MC Voicing Seeks Informed Students

Keep this issue with you at all times while on campus in order to **receive \$\$\$ and/ or candy**.

That is right, The MC Voicing will be rewarding students for being informed. Print the first page,

or download to any media device. If you are stopped in the halls and have this issue, you could be featured in the next issue!

Happy Classes

## Who's Who

A special thanks goes out to our newest Editor: Amanda Martinez! "Manda" is a freshman at the Montrose Campus seeking a B.S. in Biology, with a minor in English. We are very excited to have her on board as she has done a wonderful job already. Thank you Manda.

We are still looking for reporters. Please see Manda or Mike for more details.

Michael Shull, Editor-in-Chief: [mjshull@mavs.coloradomesa.edu](mailto:mjshull@mavs.coloradomesa.edu).

Manda Martinez, Managing Editor: [akmartinez@mavs.coloradomesa.edu](mailto:akmartinez@mavs.coloradomesa.edu)

**Need work?**  
The Montrose Campus  
is looking for a computer  
lab assistant.

## Fall 2013 Semester Calendar

<b>September 19</b>	Last day to <u>add or drop</u> a Late Start class
<b>October 14-15</b>	Fall Break
<b>October 16</b>	Last day to <u>withdraw</u> from a Full Semester class
	Second Module begins
<b>October 22</b>	Last day to <u>withdraw</u> from a Late Start class
<b>October 23</b>	Last day to <u>add or drop</u> a Second Module class
<b>October 21-26</b>	Homecoming Week
<b>October 28</b>	Course registration begins for Spring 2014 begins for currently enrolled students
	All outstanding balances must be paid prior to registering
<b>November 12</b>	Last day to <u>withdraw</u> from a Second Module class
<b>November 27</b>	Residence Halls close for Thanksgiving Break
<b>November 27-29</b>	Thanksgiving Break - NO CLASSES
<b>December 1</b>	Residence Halls re-open for remainder of the semester
<b>December 9-12</b>	Final examinations
<b>December 12</b>	Fall Semester ends
<b>December 13</b>	Commencement Ceremony
<b>December 14</b>	<u>Residence Halls</u> close for winter break
<b>*December 16</b>	Last day to pay past due balance to avoid deletion of Spring enrollment



234 South Cascade Avenue  
Montrose, CO 81401

**CMU Montrose Campus Office Hours:**

Monday - Thursday: 8:00 a.m. to 7:00 p.m.

Friday: 8:00 a.m. to 5:00 p.m.

Phone: 970.249.7009

Fax: 970.249.2579

Email: [montrosecampus@coloradomesa.edu](mailto:montrosecampus@coloradomesa.edu)

The Montrose campus is a fast-growing extension of Colorado Mesa University. I have seen a lot of new faces this semester, which is promising to the future and further growth of the Montrose branch. Student participation is so important for the continued expansion of our campus. Students making their voices heard (in regard to classes and improvements) is vital in maintaining and receiving new classes. We have a great office staff to help you with any questions or concerns you may have.

Montrose first started out with just evening classes available, but with the demand for more classes and a need for higher education, classes were now available to students in the daytime. Small steps make for great improvements. The growth of the student population and the need for more classes will help grow CMU Montrose and give the students ample opportunities to accomplish more here in Montrose. I am excited to see so many new students here and look forward to being a part of CMU Montrose's future. What a future it will be!

-Andrea Dueser-Thompson  
MC Voice Vice-President

**We're on the Web!**

[www.coloradomesa.edu/  
montrose/](http://www.coloradomesa.edu/montrose/)

## Important Contacts

Joey Montoya Boese	Montrose Director	970.249.7009	<a href="mailto:jmontoya@coloradomesa.edu">jmontoya@coloradomesa.edu</a>
Donna Justin	Professional Staff Assistant	970.249.7009	<a href="mailto:djustin@coloradomesa.edu">djustin@coloradomesa.edu</a>
Chris Wilcox	Student Services Coordinator	970.249.7009	<a href="mailto:chwilcox@coloradomesa.edu">chwilcox@coloradomesa.edu</a>

### MC Voice

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Kaylyn Higgins	Socialpalooza Coordinator	<a href="mailto:kdhiggins@mavs.coloradomesa.edu">kdhiggins@mavs.coloradomesa.edu</a>

### Associated Student Government

Mike Shull	Montrose Campus Senator	<a href="mailto:mjshull@mavs.coloradomesa.edu">mjshull@mavs.coloradomesa.edu</a>
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